



18th Sunday in Ordinary time Cycle B *The eyes of faith*

Reading I **Exodus 16:2-4, 12-15** (manna in the desert)

Reading II **Ephesians 4:17, 20-24** (renewal in Christ)

Gospel **John 6:24-28** (discourse on the bread of life)

Key Passage So they said to Jesus, “What sign are you going to give us then, so that we may see it and believe you? What work are you performing?” (John 6:30)

Question of the Week: When has your faith helped you believe without “seeing signs” from God?

Living as a disciple: This week ask God in prayer to increase your faith and also for the grace to believe without seeing.

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