

FAMILY GROUPS WEEK THREE CYCLE B

Reading: Exodus 20:1-17 One family member reads the passage from Exodus aloud.

Theme: *God gave us the commandments because he loves us.*

Opening Prayer: Dear God, you love us so much and want us to always do what is good. Thank you for giving us the Ten Commandments as a guide to help us in living as your disciples. We want to love you, others, and ourselves. Amen.

Making Connections:

In the first reading, we have the Ten Commandments from God that show us ways to live peaceful and happy lives. These ten wonderful commandments were given out of love. They tell us how to be faithful to God: put him first, respect his name, and worship him on the Lord's Day. They also tell us how to live with others: respect our parents, tell the truth, don't take what is not ours, don't fight and hurt one another, and don't be envious of what others have. God wants us to have a good relationship with him, each other, and ourselves.

FAMILY SHARING TIME

Use the questions below to guide your family discussion.

Preschool children: Because God loves us, he gives us the commandments to guide us. Who else gives you rules to guide you? Why do they give you these rules? Why is it important to follow these rules? What happens when you don't?

Primary-grade children and preteens: Why do games and sports have rules? What rules do you have at home? How can these rules help you? What rules do you have in school? How do these rules help you? What if there were no laws or rules, and people could do anything they wanted to you or to your possessions? What would a world like that be? Is it important to have laws and rules? Why?

ACTIVITY

Materials needed: items needed to play your favorite game or sport

Choose a favorite game or sport and talk about its rules. As a family, enjoy playing the game following the rules.

Suggestion of the Week: As a family, designate a time this week to play a game together.

Praying Together

Lord, thank you for giving us the Ten Commandments. Help us to always remember that you love us and want what is best for us. May we share your love by being kind and fair with one another. Amen. *Share some sign of peace with one another.*