

Materials Needed

Bible, candle,
crucifix, paper,
pencils

Disciples on the Journey TEENS

3rd Sunday of Lent 2010
Cycle C

Sunday Readings

Exodus 3:1-8a, 13-15
Psalms 103:1-4, 6-8, 11
1 Corinthians 10:1-6, 10-12
Luke 13:1-9

Let's Focus *As Christians, we are called to action.*

Let's Reflect *"God, how am I doing?"*

Reader: If God is a verb and we are to be like God, then we need to get up and get busy! The Gospel tells us that part of the "doing" is repentance and the willingness to change. We need to ask, "God, how am I doing?" The answer may be a call to get out of our comfort zones. This is when being a Christian may become difficult, challenging, but ultimately most rewarding.

Let's Explore!

Form two groups. One group will act out a situation that demonstrates how being a Christian can be difficult or challenging. The second group will act out a situation showing how being a Christian can be rewarding.

Let's Talk... *Form groups of 5-7 to discuss the following questions.*

1. Discuss why it can be difficult or challenging to live as a Catholic Christian. Discuss how living as a Catholic Christian can be rewarding.
2. God spoke to Moses in a totally unexpected place, a burning bush. Where do you encounter God in your daily life? Do you find him at times in unexpected places? Share.
3. God told Moses that his name was "I Am Who Am." What does the name "God" mean to you?
4. As young people, how can we "get up and get busy" to make our world a better place? Discuss.
5. If the Gospel tells us that part of the "doing" is repentance and the willingness to change, what might you need to change in your life? Discuss.
6. Think about your life. If God called you tonight, would you be ready to face him? Share.

Let's Live It! *Select one or more of these actions and be prepared to share with your small group next week.*

1. Take action! Invite someone you don't normally sit with to join you for lunch.

2. As a group, fast from food, entertainment, a favorite activity, or a shopping spree and donate the “fasting” money to a needy cause that the group chooses.
3. Each night ask God, “How am I doing?” Write in your journal.
4. Celebrate the Sacrament of Reconciliation this week or sometime before Easter.
5. Pray the Memory Verse each day and write in your Lenten Journal.

Let's Pray! *Have paper and pencils for each person. Play meditative music.*

Reader: As young people, God calls us to “get up and get busy” to make our world a better place.

Leader: How can you make a difference in your family? (pause) At school? (pause) At church? (pause) In your neighborhood? (pause) Write one action you plan to take.

Each person will place his/her commitment on the prayer table by the crucifix.

All pray: Lord Jesus, you gave your life for us and changed the world forever. Help us to be of service and make a difference in our world. Amen.

Suggestion: Conclude with a hymn, such as “They Will Know We Are Christians,” “ Make Me an Instrument of Your Peace,” or any other appropriate song.

Memory Verse *“Merciful and gracious is the Lord, slow to anger and abounding in kindness.” (Psalm 103:8)*

Saint of the Week

Saint Dominic Savio (Feast Day: March 9)

Saint Dominic Savio’s short life was a constant journey toward God. By the time he was four, he already knew all his prayers by heart! He became an altar boy at five and received his First Holy Communion at seven, which was unusual in his time. In school he loved all his classmates and prayed for them and tried to keep them faithful to God. One day a boy brought a magazine with bad pictures to school; Dominic tore up the magazine and asked the other boys, “Did God give us eyes to look at things like this?” They were ashamed and promised to go to confession. When Dominic was 15, he got sick at school and was sent home. He got worse and was given the Sacrament of the Sick. Then just before he died, his face lit up, and he told his father, "Goodbye, I am seeing such wonderful things!" Let us ask Saint Dominic Savio to pray for us so that we can stay on our journey toward God and be prepared to “see such wonderful things” at the time of our death.