

Materials Needed

Bibles, candle, cell phone, pencils, paper, CD player, meditative music

Disciples on the Journey TEENS

2nd Sunday of Lent 2010 Cycle C

Sunday Readings

Genesis 15:5-12; 17-18
Psalms 27:1, 7-9, 13-14
Philippians 3:17-4:1
Luke 9:28b-36

Let's Focus *“This is my chosen Son; listen to him.”*

Let's Reflect *Jesus is God!*

Reader One: Almost everyone has a cell phone today. Friends stay in contact very easily by just dialing each other's number from the mall, out in the country, at the beach, and even from home.

Reader Two: There is a difference between listening and hearing. For example, you can **hear** other people talking, but you are studying for an exam. So, you don't really **listen** to them.

Reader Three: God asks us to recognize Jesus as his chosen Son and to really listen to him. Listening to Jesus calls for obedience. Sometimes that might be our excuse for NOT really listening.

Let's Explore!

Take a piece of paper and a pencil with you. Go to three different locations designated by your group leader. Listen to the sounds around you. Come back to the group in silence. Let each person read his/her list in turn. Why were there similarities and differences in what people listened to?

Let's Talk... *Form groups of 5-7 to discuss the following questions.*

1. In the Gospel, God the Father stated: “This is my chosen Son.” How are you chosen by God? For what mission/purpose do you think you were chosen?
2. Furthermore, God the Father commands, “Listen to him.” Where, when, and how can you hear and know what Jesus asks of you?
3. How do you deal with a message from God that you don't want to listen to? Share.
4. In the Transfiguration, Jesus revealed that he was divine. What does it mean that Jesus is God? How does Jesus help us to believe in him? If we truly believe that Jesus *is* God, this should affect how we live our lives. Talk about this.
5. Jesus allowed his friends to see his divinity during the Transfiguration. He was not afraid to show who he was - the Son of God. When have you been afraid to show who you *really* are - a child of God, a disciple of Jesus, a Catholic Christian? Were you afraid of what others might think of you? Talk about this.

Let's Live It! *Select one or more of these actions and be prepared to share with your small group next week.*

1. Visit a grandparent or another family member and ask that person to tell you family stories that you may have heard before but never really listened to.
2. Call or visit someone in the hospital, nursing home, or someone who is a shut-in. Talk to that individual for a while and then listen to what he/she has to share.
3. Say often to God this week, "Speak, Lord, for your servant is listening."
4. Pray the Memory Verse each day and write in your Lenten Journal.

Let's Pray! *Play soft music. Everyone gathers around a lighted candle. Each person picks up the cell phone in turn and speaks to and listens to God. The prayer-conversation may be spoken aloud or kept silently in your heart.*

After the last person has called God, pray the Responsorial Psalm for this Sunday (Psalm 27:1, 7-8, 13-14).

Memory Verse *"The Lord is my light and my salvation."* (Psalm 27:1)

Saint of the Week

Saint Casimir of Poland (Feast Day: March 4)

Saint Casimir followed Saint Paul's advice to "stand firm in the Lord." He was born a prince, the third child of thirteen children in the family of King Casimir III of Poland. As a boy he was fond of prayer, sacrifice, and good works. He often sang to Mary, whom he loved very much.

When Casimir was almost fifteen years old, his father ordered him to lead an army into Hungary where the people were revolting against their king. His father wanted young Casimir to become their king. Even though Casimir didn't want to go, he went to Hungary in obedience to his father.

In the meantime, the people of Hungary had made peace with their own king, so Casimir refused to replace a lawful king in spite of his father's wish for him to become king of Hungary. He came back to Poland and spent the rest of his life praying, fasting, and helping the poor. When he was 24 years old, he died of tuberculosis after having "stood firm in the Lord." Let us ask Saint Casimir to pray that God will give us the same strength and courage.